

straight up! leg warmers

by Rachel Chartoff

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I'm a runner, therefore I have large... umm, powerful... calves. These flattering, straight-leg legwarmers are designed to cuddle those calves on cool days. They're great under a skirt, or for stretching out after a chilly run. The top section can be rolled down below the knee, or turned *straight up* over the knee for extra warmth.

Size: one size fits most.

Size notes: I made these to fit my calf circumference (15.75 inches), and leg length. To adjust length, add or subtract rounds on the upper cuff. To adjust width, subtract one or more pairs of 1x1 ribs from the total circumference, removing 2 stitches on each side of the cabled area. If reducing circumference, be sure to subtract stitches in multiples of four to accommodate the 3x1 ribbing.

Materials

Malabrigo Twist -- 100% wool; 150 yards/137 meters per 100 g skein; color: Velvet Grapes; 4 skeins

1 US #10 (6 mm) circular needle, at least 45 inches long (or size needed to obtain gauge)

1 US #9 (5.5 mm) circular needle, at least 45 inches long (or one size smaller than used to obtain gauge)

note: cables should be long enough to use magic loop

cable needle

split-ring stitch markers

tapestry needle

Gauge

19 stitches / 4 inches in 1x1 rib, unstretched (larger needle size)

Pattern Notes

3x1 rib: *k3 p1, repeat * to end.

1x1 rib: *k1 p1, repeat * to end.

T5L (twist 5 left): Slip next 2 sts onto a cable needle and let it drop to the front of the work, then knit 2 sts and purl 1 from LH needle. Then knit the 2 sts on the cable needle.

T3B (twist 3 back, cable traveling to the right): Slip the next stitch onto a cable needle and let it drop to the back of the work, then knit the next 2 sts on the LH needle. Return to the stitch on the cable needle and purl.



T3F (twist 3 front, cable traveling to the left): Slip then next 2 sts onto a cable needle and let it drop to the front of the work, then purl the next stitch on the LH needle. Return to the 2 sts on the cable needle and knit.

MB (make bobble): k1, p1tbl, k1, all into the next stitch. Now turn work and on the next row (wrong side) knit 3 sts. Turn again (right side) and purl 3 sts. Turn a third time (wrong side) and knit 3 sts. Turn again (right side) and sl1, k2tog, pssso. One stitch remains.

Cabled band (worked over 12 rows and 13 stitches):

Row 1: p4, k2, p1, k2, p4.

Row 2: p4, T5L, p4.

Row 3: p4, k2, p1, k2, p4.

Row 4: p3, T3B, p1, T3F, p3.

Row 5: p3, k2, p3, k2, p3.

Row 6: p2, T3B, p3, T3F, p2.

Row 7: p2, k2, p5, k2, p2.

Row 8 (bobble row): p2, k2, p2, MB, p2, k2, p2.

Row 9: p2, k2, p5, k2, p2.

Row 10: p2, T3F, p3, T3B, p2.

Row 11: p3, k2, p3, k2, p3.

Row 12: p3, T3F, p1, T3B, p3.

"Simple cable and bobbles stitch pattern" from *The Knitting Directory* by Alison Jenkins

Directions:

CO 84 sts.

Divide stitches in half and distribute at ends of cable needle to begin magic loop. Join to work in the round, taking care not to twist.

Work 3x1 rib until work measures 2 inches.

Begin cable rows. For rows 1-12 of cable pattern, begin each row with k1, p1, k1; then work cable over next 13 sts; work 1x1 rib to end of each round.

Work cable rows 1-12 three times.

First reduction row: k1, p1, k1; work cable row 1; [k1, p1] 17 times; ssk, k1, k2tog; work 1x1 rib to end of round. 82 sts remain.

Second reduction row: k1, p1, k1; work cable row 2; [k1, p1] 17 times; sl1, k2tog, pss0 (reduces 3 knit stitches to 1); work 1x1 rib to end of round. 80 sts remain.

Next 2 rows: begin row with k1, p1, k1; work cable rows 3 - 4; work 1x1 rib to end of round.

Next row: k1, p1, k1; work cable row 5; [k1, p1] 16 times; ssk, k1, k2tog; work 1x1 rib to end of round. 78 sts remain.

Next row: k1, p1, k1; work cable row 6; [k1, p1] 16 times; sl1, k2tog, pss0; work 1x1 rib to end of round. 76 sts remain.

Next 2 rows: begin row with k1, p1, k1; work cable rows 7 - 8; work 1x1 rib to end of round.

Next row: k1, p1, k1; work cable row 9; [k1, p1] 15 times; ssk, k1, k2tog; work 1x1 rib to end of round. 74 sts remain.

Next row: k1, p1, k1; work cable row 10; [k1, p1] 15 times; sl1, k2tog, pss0; work 1x1 rib to end of round. 72 sts remain.

Next 2 rows: begin row with k1, p1, k1; work cable rows 11 - 12; work 1x1 rib to end of round.

Next row: k1, p1, k1; work cable row 1; [k1, p1] 14 times; ssk, k1, k2tog; work 1x1 rib to end of round. 70 sts remain.

Next row: k1, p1, k1; work cable row 2; [k1, p1] 14 times; sl1, k2tog, pss0; work 1x1 rib to end of round. 68 sts remain.

Next 2 rows: begin row with k1, p1, k1; work cable rows 3 - 4; work 1x1 rib to end of round.

Next row: k1, p1, k1; work cable row 5; [k1, p1] 13 times; ssk, k1, k2tog; work 1x1 rib to end of round. 66 sts remain.

Next row: k1, p1, k1; work cable row 6; [k1, p1] 13 times; sl1, k2tog, pss0; work 1x1 rib to end of round. 64 sts remain.

Next 2 rows: begin row with k1, p1, k1; work cable rows 7 - 8; work 1x1 rib to end of round.

Next row: k1, p1, k1; work cable row 9; [k1, p1] 12 times; ssk, k1, k2tog; work 1x1 rib to end of round. 62 sts remain.

Next row: k1, p1, k1; work cable row 10; [k1, p1] 12 times; sl1, k2tog, pss0; work 1x1 rib to end of round. 60 sts remain.

Work cable rows 11, 12, 1 and 2 with no reductions.

Switch to smaller needles and work 1x1 rib for 6 inches. Bind off in pattern.

Lather, rinse, repeat for second legwarmer. Weave in ends.

